

Curriculum Vitae, Munakata Tsunetsugu,
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PERSONAL DATA

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BIOGRAPHY

Born in Toyonaka City, Osaka in 1948.

Dr. in Health Science (Graduate School of Medicine, University of Tokyo) and Master of Sociology (Graduate School of Sociology, University of Tokyo).

I have served as a Senior Research Fellow at the National Institute of Mental Health, Director of the Laboratory of Mental Health Research at the National Center of Neurology and Psychiatry, Visiting Fellow at the UCLA Neuropsychiatric Institute, Visiting Fellow at Harvard Medical School, Research Advisor to the World Health Organization (WHO) Global Program on AIDS and Advisor to the Department of Substance Abuse, and Professor at the University of Tsukuba Graduate School. I'm the Director of the Department of Human Care Science, Professor of Sport and Health Systems Management, and Professor of Frontier Medical Sciences at the University of Tsukuba.

Currently, I'm a Professor Emeritus at the University of Tsukuba, Director of the Emotion Cognitive Behavioral Therapy Research Institute, President of the Health Counseling Society, President of SDS (a Tsukuba University venture company) Director of the SAT Therapy Center, Chiba Prefecture School Advisor, Chiba Prefecture School Counselor Supervisor, Advisor to the Japanese Association of Health and Behavioral Sciences.

I established my own image therapy and emotional-cognitive-behavioral therapy, called "SAT Therapy" which is a counseling and therapy based on imagery therapy and affective cognitive behavioral therapy and can enable patients and clients to transform their physical and mental problems into their own growth energy. Based on this therapy, I have conducted world-leading research on the relationship between the brain, mind, immunity, and gene expression. I established the SDS Inc. for its dissemination, and I held numerous SAT Therapy seminars in Japan, China, Germany.

PUBLICATION

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